

IMPACT



BROADWAY BABY



LEXICAL LUNACY



SCOTSMAN

Four troubled men get caught up in a national tragedy.
Will it harm them - or help them?



THE

PLAY

'It was accident. Accident. The children they were playing outside.

Most people think it's only soldiers who suffer from PTSD, not ordinary people. They're wrong.

People like dogs, they feel sorry for them. The British public they like dogs. They do. They put more money in your pot if you've got a dog. I've seen 'em. They stop and stroke them. They do. They stop. ... You know if dogs don't like someone. They speak to you. It's in their eyes. They stop. And talk to me.

What happened. That day. When everything was still sparkling and living.

I think about it.

They say it only took 19 seconds.

19 seconds to kill six people.

19 seconds.

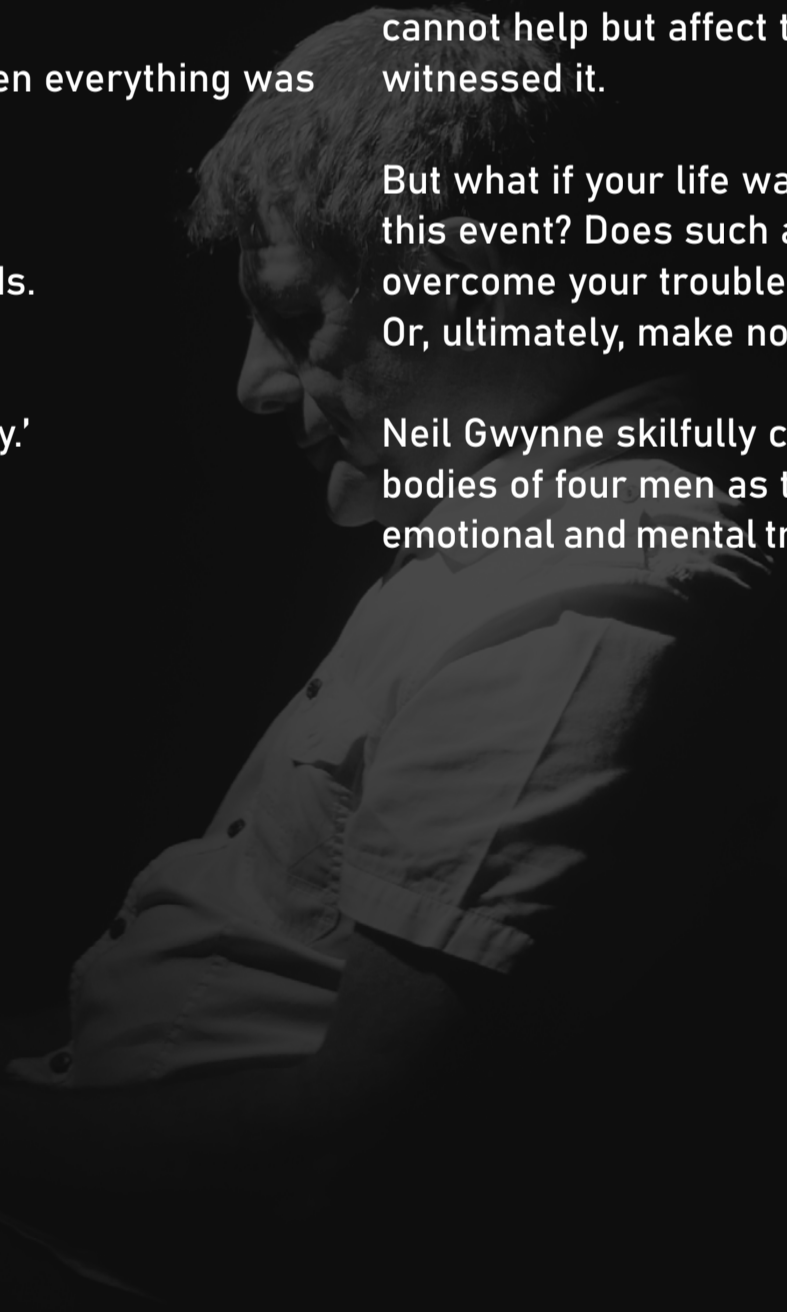
I think about it every single day.'

IMPACT (previously GLASGOW '14) casts light on the 'unseen' illness of male mental health, sufferers of which mostly continue to lead outwardly normal lives. The show deals in particular with the 'masculine' habit of not talking about things, which has led to male mental health being ignored, with significant consequences.

Based on a real life incident in Glasgow 2014, four fictitious men who were there on the day when many lives were changed forever. A crash of such proportions that it made national headlines, cannot help but affect the lives of all of those that witnessed it.


But what if your life was a difficult one before this event? Does such a public tragedy help you overcome your troubles? Or make them worse? Or, ultimately, make no change to it whatsoever?

Neil Gwynne skilfully captures the minds and bodies of four men as they suffer with their own emotional and mental trauma in this one man show.



TRAILER



best of both 

PRESENTS

Supported by



REVIEWS

The issue of labelling came to the fore with me in Glasgow '14. The billing for this clever one-man show, turned on the "unseen" illness of male mental health. The action, however, is driven by what four men experience in the same tragic, traumatic minutes in George Square, Glasgow. Gwynne delivers an extraordinary performance, at its height when one of his characters locks his arms around the other, who furiously turns round and belts him. A huge amount of revelation and drama is packed into a short hour. Watch, especially, for the homeless man bent on boosting his takings with a dog.

SCOTSMAN ★★★★★

"a stunningly intelligent, subtle and relentlessly real piece of writing...
...the finest acting from a single performer...
...an incredible production."

LEXICAL LUNACY ★★★★★

"Impeccably delivered in possibly the most captivating and compelling performance I've seen...
bold, courageous and innovative...
...one not to be missed this year."

BROADWAY BABY ★★★★★

"A huge amount of revelation and drama is packed into a short hour. Watch."

SCOTSMAN ★★★★★



PRESS RELEASE

What happens to your mind when you witness an incident, big enough to make national headlines? This one man show explores the 'unseen' illness of male mental health through the eyes of four different male characters, as they cope with the aftershock of a traumatic event. Inspired by real life stories the play follows the lives of four men who have witnessed the event and are coping with it in their own ways.

IMPACT casts light on the 'unseen' illness of male mental health, sufferers of which mostly continue to lead outwardly normal lives. The show deals in particular with the 'masculine' habit of not talking about things, which has led to male mental health being ignored, with significant consequences. Whereas three out of four suicides (76%) are by men, and suicide is the biggest cause of death for men under 35 (ONS), men have measurably lower access to the social support of friends, relatives and community (R. Boreham and D. Pevalin). "Despite the serious subject matter, the story is a hopeful one,".

Playwright Sally Lewis weaves a compelling narrative to show the different faces of mental health. Theatrically simple yet powerful, these four men recant their own personal struggles with an illness that cannot be seen yet likely to be suffered by one in four of us.



Established in 2019 by Playwright and Writer Sally Lewis and Playwright Linda Morse to develop and tour the original work.

Other productions :

Shared Breath By Linda Morse

A story of three woman connected by motherhood, how would it be if they could take 'one shared breath at the same moment at the same age and connect'.

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CAST AND CREW

SALLY LEWIS AUTHOR



Sally Lewis is a playwright and best - selling author.

Her plays include:

IMPACT 2019 London, Salisbury, Romsey
Glasgow '14, 2018 (4 star reviews including The Scotsman).
HOW IS UNCLE JOHN (Edinburgh 2016) The Nuffield Theatre
Southampton
FAM was longlisted for the Bruntwood Prize (2017)
PAPATANGO, New Writing Prize.(2017)

Sally has had several short plays performed in London, Salisbury and Southampton including While I can, Rich Mix, (Descent Theatre) Home Duty, Park Theatre.

She was a contributor to Danny Boyle's Winter Shuffle.

Sally was a student at The Nuffield Theatre playwriting course led by John Burgess, ex head of new writing for the National Theatre, and Salisbury Playhouse/ Out of Joint Writers' Academy led by Samantha Potter and Barney Norris.



NEIL GWYNNE ACTOR

Trained at ArtsEd London, his professional acting career started later in life. His credits include: Stage SCARAMOUCHE JONES, The ANGRY BRIGADE. Film, LACEY and Television WINGS OF WAR.



BENET CATTY DIRECTOR

Benet has spent 20 years directing award winning theatre productions. He has directed numerous acclaimed revivals as well as many new plays.

BOX OFFICE INFORMATION

What is the Show about?

Four male strangers are witness to a tragic event. Each man suffers some form of mental health problems.

Who Will Like It?

Audiences who are interested in Live Art, mental health, drama, stories, relationships. Theatre with a strong narrative.

Age guidance 14+

Content Theatre, Live Art, Strong language



TECHNICAL SPECIFICATION

Running Time: 1 hour

Company on Tour

1 performer, 1 Technician

Performance Space

Flexible, ideal for studio theatre with ranked seating.
Ideally no smaller than 5 x4m

Chair required. Ordinary Dining style preferable.

Lighting

A generic plan can be provided.

Sound

In house sound system of some sort required.

All sound cues are on MP3 files and a Cue lab file with cues pre-programmed.



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